Thursday, February 26, 2009

## Health and Human Services RECOMMENDATION FOR COUNCIL ACTION

Item No. 17

**Subject:** Authorize negotiation and execution of an Interlocal Agreement between the City and the University of Texas School of Public Health-Austin for nutritional and physical activity interventions for the Health and Human Services Department's Health Promotion/ Disease Prevention Unit Diabetes Program, for the term February 26, 2009 through June 29, 2009, in an amount not to exceed \$30,000.

**Amount and Source of Funding:** Funding in the amount of \$30,000 is available in the Fiscal Year 2008-2009 Operating Budget for the Health and Human Services Department Special Revenue Fund. The grant period is for the period September 22, 2008 through June 29, 2009.

Fiscal Note: There is no unanticipated fiscal impact. A fiscal note is not required.

**For More Information:** David Lurie, Director, 972-5010; Rick Schwertfeger, M.A.T., Program Manager, 972-6760; Linda Terry, Agenda Coordinator, 972-5023.

**Prior Council Action:** Council authorized the acceptance of \$80,000 in Community Diabetes Program grant funds on August 21, 2008, Ordinance No. 20080821-012.

## **BACKGROUND**

The Texas Department of State Health Services (DSHS) allocates funds to the City for the provision of a diabetes education program for the reduction of diabetes. The granting agency awarded HHSD an additional \$50,000 for Fiscal Year 2008-2009 for additional nutritional and physical activity interventions that will complement the diabetes program. A related Recommendation for Council Action to accept the additional grant funds, amend the Special Revenue Fund of the Fiscal Year 2009 Approved Operating Budget. and appropriate the funds for HHSD's Health Promotion/Disease Prevention Unit is also before Council on February 26, 2009.

The interlocal agreement with the University of Texas School of Public Health-Austin (UTSPH-Austin) will provide assistance to HHSD in developing a Mueller Healthy Community Plan. UTSPH-Austin will assess the Mueller Redevelopment Master Plan to determine the degree to which it aligns with public health practice for increasing physical activity for Mueller residents and for the surrounding community. The assessment will recommend changes and/or additions to the redevelopment that will increase the community's opportunities to lead healthy lives. The results of this assessment and the recommendations will guide the development of a Mueller Healthy Community Plan, prepared by HHSD in collaboration with stakeholders of the Mueller redevelopment.

## **PERFORMANCE**

Related Goal: Promotion/Prevention/Protection: Health Services -- Promote a healthy community by preventing chronic and communicable diseases and promoting improvements in social/economic/environmental factors that will result in an improved overall health status and a reduction of health disparities.

## Outputs/Outcomes

The development of a Mueller Healthy Community Plan, which will include recommendations focused on nutrition and physical activity, and provide residents of Mueller and surrounding neighborhoods with increased opportunities to lead healthy lives.